06/03-06/07

06/10-06/14

06/17-06/21

06/24-06/28

ONDAY

JESDAY

WEDNESDAY

THURSDSAY

FRIDAY

BEEF STROGANOFF ROASTED POTATO WHOLE WHEAT BREAD CABBAGE SALAD FRESH FRUITS

CHICKEN TERIYAKI
STEAMED BROWN RICES
CUCUMBER SALAD
FRESH FRUITS

CHICKEN PILAF STEAMED CARROT FRESH FRUITS CHICKEN PASTA &
MARINARA
ROTINI PASTA
COLESLAW
FRESH FRUITS

CHICKEN PILAF
APPLE & CARROTS
SALAD
FRESH FRUITS

TURKEY BREAST
MASHED POTATO
GREEN PEAS
WHOLE WHEAT BREAD
FRESH FRUITS

CHICKEN & MARINARA
WHOLE GRAIN ROTINI
PASTA
STEAMED CAULIFLOWER
MARINARA SAUCE
FRESH FRUITS

BARBECUE CHICKEN
MASHED POTATO
GARDEN SALAD
WHITE BREAD
FRESH FRUITS

CHICKEN KABOB BUCKWHEAT CUCUMBER SALAD FRESH FRUITS BARBECUE CHICKEN
BUCKWHEAT
STEAMED BROCCOLI
SALAD
FRESH FRUITS

BEEF STEW
ROASTED POTATO
CABBAGE SALAD
WHOLE WHEAT BREAD
FRESH FRUITS

BREADED CHICKEN
STEAMED RICE
STEAMED CARROTS
FRESH FRUITS

MAC N CHEESE ELBOW PASTA STEAMED BROCCOLI SALAD FRESH FRUITS BREADED CHICKEN
WHITE BOW PASTA
GARDEN SALAD
FRESH FRUITS

CHICKEN MEAT BALLS
BUCKWHEAT
APPLE & CARROTS
SALAD
FRESH FRUITS

TURKEY BREAST
ROASTED POTATO
GREEN PEAS
WHITE GARLIC BREAD
FRESH FRUITS

GRILLED CHICKEN
MASHED POTATO
GARDEN SALAD
WHITE BREAD
FRESH FRUITS

CHICKEN MEATBALLDS
ROASTED POTATO
COLESLAW
WHITE GARLIC BREAD
FRESH FRUITS

CHICKEN KABOB
MASHED POTATOES
GARDEN SALAD
WHOLE WHEAT BREAD
FRESH FRUITS

MAC N CHEESE ROTINI PASTA STEAMED VEGETABLE SALAD FRESH FRUITS

